

# 台湾 疗愈森旅行

7D  
6N

HEALING NATURE OF TAIWAN

1 天自由活动  
FREE DAY

台北 | 嘉义 | 阿里山 | 台中 | 宜兰 | 九份  
TAIPEI | CHIAYI | ALISHAN | TAICHUNG | YILAN | JIUFEN



Group Tour Contact us: 0178188119





九份 Jiufen

## 第1天 吉隆坡 ✕ 桃园

集合于吉隆坡国际机场，飞往桃园 - 台湾。

## 第2天 桃园 - 225公里 - 嘉义

📍嘉义市立美术馆 📍嘉义新地标 📍

【昭和J11咖啡馆】【诚品书店】

由古迹改建而成的嘉美馆，象征着奠基于嘉义「画都」的美术与人文历史之上，以丰沛的人文能量为根，打造一座将文化艺术与常民生活融合的场馆。

📍奋起湖老街

是全台海拔最高的老街。

📍龙云农场【捣麻糬DIY】

阿里山龙云假日农场位于海拔1500米的阿里山。这是一个让您忘记城市生活喧嚣的地方，一个没有时间表的轻松旅程。

## 第3天 嘉义 - 102公里 - 台中

📍阿里山国家森林公园（搭乘森林小火车 - 单程）

【姐妹潭】【三兄弟】【四姐妹】【金猪报喜】【受镇宫】

### 季节安排

阿里山樱花季【估计：3月中旬-4月中旬】

※按每年气候不同会有所改变，以上花期不能完全保证准确。

📍逢甲夜市

为台中著名的夜市之一。

## 第4天 台中 - 162公里 - 台北 - 64公里 - 宜兰

📍十分瀑布 📍

落差高度约20公尺、宽度约40公尺，壮丽的水瀑、磅礴的气势，为台湾最大的帘幕式瀑布。

📍宜兰乡间小路 📍

【三星葱田导览】【拔葱洗葱体验】【葱派DIY】【可爱动物导览互动】【迷你驴、梅花鹿近距离互动】

📍礁溪泡温泉体验（自备泳衣泳帽）

富含矿物质，是台湾少见的温泉之一。

## 第5天 宜兰 - 62公里 - 台北

📍九份老街 📍

它以老城区狭窄的小巷而闻名，小巷遍布茶馆、街头小吃店和纪念品商店。

📍山地特产

📍裕锦时光生活园区 📍

台北日式屋村，适合家人朋友下午喝咖啡的地方。

📍貔貅展示馆

📍伴手礼【凤梨酥，太阳饼，芋投酥，蛋捲等等】

📍西门町商圈

## 第6天 台北

全日自由活动。

\* 推荐购物点：台北101，五分埔，信义商圈，宁夏夜市。

## 第7天 台北 - 45公里 - 桃园 ✕ 吉隆坡

送往机场，返回温暖的家。

※ 行程可能会以最终确定的航班而前后调动。





## DAY 1 KUALA LUMPUR ✈️ TAOYUAN

Assemble in Kuala Lumpur International Airport for flight to Taoyuan - Taiwan.

## DAY 2 TAOYUAN – 225km – CHIAIYI

📅 **Chiayi Art Museum** 📍 **Chiayi New Landmark** 📷

**[Showa J11 Café] [Elite Bookstore]**

The world's largest archive of contemporary landscape architecture projects from around the globe.

📅 **Fengqihu Old Street**

It is the highest sea level old street in Taiwan.

📅 **Long Yun Leisure Farm [Pounding Mochi DIY]**

Alishan Long Yun Holiday Farm is situated 1,500m above sea level at Alishan. It is a place for you to forget the hustle and bustle of city life, a relaxing journey with no schedule to follow.

## DAY 3 CHIAIYI – 102km – TAICHUNG

📅 **Alishan National Scenic Area (Includes One Way Alishan Forest Railway)**

**[Sisters Ponds] [The Three Brothers] [The Four Sisters] [The Pig-shaped Old Stump] [Shouzhen Temple]**

### SEASONAL ARRANGEMENT

Alishan Cherry Blossoms Season [Estimate: Mid Mar – Mid Apr]

\*The floral growing season is subject to weather conditions.

📅 **Fengjia Night Market**

One of the famous night market in Taichung.

## DAY 4 TAICHUNG – 162km – TAIPEI – 64km – YILAN

📅 **Shifen Waterfall** 📷

The falls' total height is 20 metres and 40 metres in width, making it the broadest waterfall in Taiwan.

📅 **Yilan Farm Experience** 📷

Experience Farm activity [Experience Pulling Onions, Onion Cake DIY and etc].

📅 **Jiaoxi Hot Spring Experience (Bring your own swimsuit & swim cap)**

Is one of a very rare hot springs in Taiwan that is extremely rich in minerals.

## DAY 5 YILAN – 62km – TAIPEI

📅 **Jiufen Old Street** 📷

It's known for the narrow alleyways of its old town, packed with teahouses, street-food shacks and souvenir shops.

📅 **Aboriginal Products Shop**

📅 **Rongjin Gorgeous Time** 📷

Taipei Japanese house style village, a suitable place for families and friends to enjoy coffee in the afternoon.

📅 **Pixiu Lucky Charm Center**

📅 **Local Products Shop [Pineapple Tart, Suncake, Taro Crisp, Egg Rolls and etc]**

📅 **Ximending**

## DAY 6 TAIPEI

Free at own leisure.

\*Recommended Shopping Spots: Taipei 101, Wu Fen Pu, XinYi Shopping District, NingXia Night Market.

## DAY 7 TAIPEI – 45km – TAOYUAN ✈️ KUALA LUMPUR

Proceed to airport for your flight back home with unforgettable memories.

※ Sequence of the itinerary is subject to change according to the final flight confirmation



十分瀑布  
Shifen Waterfall





樱桃鸭  
Cherry Roasted Duck



喷水鸡肉饭  
Taiwanese Chicken Rice



新千叶火锅自助吃到饱  
Steamboat Buffet

餐饮安排 MEAL PLAN | 住宿 ACCOMMODATIONS

天 Day	早餐 Breakfast	午餐 Lunch	晚餐 Dinner	住宿 Accommodation
1	-	-	-	桃园蜜月世纪或同级 Century Hotel Taoyuan or similar
2	酒店 Hotel	喷水鸡肉饭 Taiwanese Chicken Rice	野菜料理 Farm Specialty	嘉义龙云山农场或同级 Chiayi Long Yun Leisure Farm or similar
3	酒店 Hotel	阿里山风味 Alishan Specialty	自理 Own Expenses	台中文华道或同级 In One City Inn or similar
4	酒店 Hotel	乡土料理 Taiwanese Cuisine	樱桃鸭风味 Cherry Roasted Duck Cuisine	礁溪川汤春天温泉饭店或同级 Jiaoxi Chuang Tang Spring Spa Hotel or similar
5	酒店 Hotel	自理 Own Expenses	新千叶火锅自助吃到饱 Steamboat Buffet	台北洛基中华酒店或同级 Green World Hotel Zhonghua or similar
6	酒店 Hotel	自理 Own Expenses	自理 Own Expenses	台北洛基中华酒店或同级 Green World Hotel Zhonghua or similar
7	酒店 Hotel	-	-	-

\*餐饮与酒店会随着季节与当时情况，作最适当的调整。 \*Meals & hotels above are subject to change without prior notice.

行程亮点

☆ 特点	1天自由活动   1晚住宿阿里山
📍 景点	嘉义市立美术馆   阿里山国家森林游乐区   十分瀑布   乡间小路   九份老街   榕锦时光生活园区   西门町商圈
👨‍🍳 体验	农村DIY体验   温泉乐
👨‍🍳 品尝	喷水鸡肉饭   野菜料理   阿里山风味   乡土料理   樱桃鸭风味餐   新千叶火锅吃到饱

TOUR HIGHLIGHTS

☆ SPECIAL	One Free Day   1 Night Stay At Alishan
📍 ATTRACTIONS	Chiayi Art Museum   Alishan National Scenic Area   Shifen Waterfall   Yilan Farm Experience   Jiufen Old Street   Rongjin Gorgeous Time   Ximending
👨‍🍳 EXPERIENCE	Experience Farm DIY Activity   Hof Spring Experience
👨‍🍳 GOURMET	Taiwanese Chicken Rice   Farm Specialty   Alishan Specialty   Taiwanese Cuisine   Cherry Roasted Duck Cuisine   Steamboat Buffet

旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起), 并且取得必要的签证和准证。  
旅游保险 - 出发前, 建议您购买全面的旅游保险。

条款:

- 行程、膳食、酒店住宿和交通可能会有所变动, 恕不另行通知。
- 若出现无法预测的特殊情况特别是在旅游旺季期间, SUNRISE将保留更改或取消行程的权利。
- 若SUNRISE的宣传手册或任何传播媒介, 出现任何形式的印刷失误或遗漏, 本公司一概不负责, 并且保留更正的权利。
- 每位参与SUNRISE团的成员, 必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如: 交通延误/取消、疾病、天气、示威、战争等等), 因而引发额外支出的问题, SUNRISE一概不负责, 旅客需自行负责额外的费用。
- 详情条款, 请参阅单据背页或浏览
- 以上图片仅供参考, 请以实物为准。

台湾团 - 附加条款:

- 所有行程以中文讲解为主。
- 三人房-房内第三名住客的床褥, 将以折叠式为准。
- 团费仅适用于大马公民, 外国公民则需缴付额外费用。
- 指定购物站 - 所有团员必须停留在指定的购物站, 但不强制购买任何商品。若任何团员没有停留在有关地点, UVSB有权利征收额外款项。

Travel Essentials:

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.  
Travel Insurance - It's essential that you take out comprehensive travel insurance before travel.

Terms & Conditions:

- Itineraries, meals, hotels, and transportation are subject to change without prior notice.
- SUNRISE reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
- SUNRISE is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; SUNRISE reserves the right to make corrections as required.
- Every person participating in SUNRISE's tours shall travel at his/her own risk. SUNRISE shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
- For other terms & conditions, refer overleaf of invoice or visit
- All pictures shown are for illustration purpose only.

Taiwan Tours - Additional Terms & Conditions:

- Tours are conducted in Mandarin.
- Triple Room - Third-person shall be based on a rollaway bed.
- Tour fare quoted is for MALAYSIAN, the non-Malaysian surcharge applied.
- Compulsory Shopping Stops - All tour members are required to visit the compulsory shopping stops but are not obligated to purchase anything. UVSB reserves the right to collect a penalty should any tour member fail to visit the specified shopping stops

Tentative Flight Details - Subject to Change

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For Agent Use Only:

Updated Date: NOV 2022